

Services:

- Social Work
- Living Well Course
- Brain Ignition Series
- Memory Groups
- Carer Support Groups
- Making a Difference Courses
- Post Placement Group Series
- Activity Programmes
- Community Cafés
- Tailored Education Sessions
- Social Programme
- Volunteer Programme
- Library & Resource Material
- Newsletters
- Total Mobility Scheme
- Identification bracelets/tags
- WanderSearch Canterbury system

YES, I'd like to donate to Dementia Canterbury

NAME.....

ADDRESS.....

My donation for :

\$10 \$25 \$50 \$other

Cheque is enclosed or:

(**Note:** cheques and banking details are to be made out to Dementia Canterbury)

Internet Banking Details: ASB 12-3441-0103893-00
Dementia Canterbury

Or please debit my:

Visa Mastercard

Card number _____

Expiry Date _____

Name on Card _____

Cardholder's Signature: _____

(Please use your Surname as a 'Reference' and tick the box if you require a receipt)

Help us to help people living with dementia



Community Education Seminars 2020 (August-December)

Free education sessions for care partners, family members and whanau supporting a person with dementia in the community.

Please contact us to register as spaces are limited.

NB: Limited parking available on site during the day and in neighbouring streets.

3/49 Sir William Pickering Drive, Burnside. Christchurch
PO Box 20567, Bishopdale, Christchurch 8543

Phone: 03 379 2590

0800 444 776

Email: admin@dementiacanterbury.org.nz

www.dementiacanterbury.org.nz

Morning Seminars

10.30am—12 noon
(unless otherwise stated)

Residential Care Subsidies Plus Other Legal Issues & Dementia **Tuesday 18 August**

Whether your family is currently facing the important decision regarding someone moving out of their own home and into residential care, or you want to be prepared for this eventuality, this is an opportunity to hear Fleur McDonald, Solicitor specializing in elder law, talk about the process.

Advance Care Planning **Tuesday 1 September**

Advance Care Planning (ACP) is a way to help you think about, talk about and share your thoughts and wishes for future health care and your last days of life. Find out more about what ACP is, how it works and why it's a good idea to consider before you become seriously ill or are unable to make decisions for yourself.

Driving & Dementia **Tuesday 6 October**

Although a diagnosis of dementia does not mean an automatic driver license suspension in New Zealand (as it does in some countries), dementia can indeed impact on driving safety. Hear how driving fitness is evaluated in a person with dementia during this presentation by staff from the Driving & Vehicle Assessment Service at Burwood Hospital. Additionally there is an opportunity to hear about the "Driving Miss Daisy" companion driver service. They are a nationwide service offering much more than just transportation.

Diet and Lifestyle for Early Dementia **Date: Tuesday 3 November**

Dr Olivia Currie is a GP working at the Real Healthy Me Lifestyle Medicine Clinic in Christchurch. Their work is based on science to help people be their best, by understanding how the mind and body works on an individual level.

Please note for morning seminars, there is limited Dementia Canterbury parking on site. Additional parking is available in neighbouring streets.

Evening Seminars

7.00—8.30pm

Behaviours and Dementia **Tuesday 20 October**

Increase your understanding of why certain behaviours may occur when a person has dementia, and helpful ways to respond. An opportunity to hear Mackenzie Ebbett, Clinical Nurse Specialist from Older Persons Mental Health Service, give this innovative presentation.

Regional Seminars

ASHBURTON

InterRAI/Needs Assessment **Thursday 15 October** **10.30am—12.00 noon**

Inter RAI/Needs Assessment is the process used to access funded supports at home. It is also the process used to determine the need for Residential Care. Carol Hamilton, Gerontology Nurse Specialist at Ashburton Hospital will discuss the process and answer questions.

Venue: St Stephens Church Hall, 64 Park Street, Ashburton.

NORTH CANTERBURY

Dementia & Communication **November date: To Be Confirmed** **10.30am—12.00 noon**

Dementia can affect communication in a number of ways. Practical suggestions to make communication easier for all will be discussed by Speech Language Therapist, Katrina Aitken, from the University of Canterbury

Venue: Kaiapoi Library (Upstairs), 176 Williams Street, Kaiapoi.